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CREATING GRIDS OF LIGHT WITH CRYSTALS

You have arrived home, keys are jingling in your hands, and you've opened your door! How do you feel as you step inside? Are you glad to be there or wishing you could turn around and head for the hills to sit quietly under a palm tree and relax.

Our homes are our Temples and when we enter them we are greeted with an energy that reflects what is taking place within that space.

Sometimes the energy that you may be feeling can be from previous owners or tenants, residue from disagreements within your home, energy build-up from your day that you have brought home with you, or perhaps unwanted feelings that are inhibiting your state of wellbeing. The great news is whatever is causing this imbalance can be rectified.

Our homes are not always built in a way that creates a natural balance and flow of energy within their walls, however we can change this by creating grids of light using crystals and the power of our intention to restore balance and harmony to all who live in the home or who enter.

What a wonderful blessing.

You can build grids anywhere in your home to assist with different areas of your life. It is a simple process and anyone can achieve it.

To start the New Year we will be building a grid of light to bring in energies of peace and protection. This enables us to let go of any negative or unwanted energy that has built up in our home and start afresh.

Make a special time to do this. Play some soft or chanting music. Light cinnamon incense to create an abundant flow of the intention within your heart, allowing you to open up to new horizons in your life. This becomes amplified within your grid. Invite Archangel Uriel in to assist you in staying focused.

Please cleanse all your crystals by placing them in the centre of a circle of flower petals and gently wave a lighted incense stick of cinnamon or sage over them. This awakens the loving energies within them as they begin their new journey with you.

Let us Begin:

The Entrance to your Home: This is your Welcome Home Energy.

Place near your front door in a circle, a piece each of the following crystals.

Black Tourmaline – for protection, geopathic stress and electromagnetic smog.

Selenite – increases life force and powerfully aligns angelic connections.

Sardonyx – guards against crime.

Hematite - creates a shield of light.

Clear Quartz generator - this is placed in the middle of the four other stones which amplifies and joins the energies of each crystal, forming a grid of light. You can make this formation on a tray or just place them near the door, perhaps beside a plant.

The Living Area

Place a piece of Bloodstone in each corner of the room. This crystal is dark green in color and usually has flecks of red or yellow jasper. It is excellent for lifting negative energies and adds protection to the household.

This is the first building block for your inside grid.

Next, four Clear Quartz points facing inwards, one in each corner next to the bloodstone.

In the centre of your room, place an Amethyst Pyramid. This can be on your coffee table or an altar. If you have small children or pets you can create this grid on a tray and, with your intention, expand the energies of the grid to the outer corners of your room beginning at the apex of your pyramid. This can then be placed up high out of reach. Once the grid has been activated it will radiate the energies out continuously.

Once your crystals are in place, light a candle, sit next to the pyramid, become still by breathing deeply and slowly, and focus on the apex of the pyramid. In your minds eye see four beams of light gently emanating from the apex and moving out toward the four crystal points in each corner.

As you do this affirm out loud

“My home is now filled with Peace. All who enter are protected by The Light and feel the presence of Love. I am open to New Horizons of Abundance and Joy. And so it is.” Namaste

The crystals have now connected and formed your light grid.

There are many other grid formations for different rooms and intentions. If you would like to know any of these, please do email me and I shall be happy to chat with you. I also have crystal gridding kits available.

Namaste
Suzy Lily

